

Heart & Soul

A Newsletter for Supporters of Women's College Hospital

Dr. F.M. Hill: A Lasting Impression and Lifetime of Support

In January 2012, Women's College Hospital lost one of its pioneers and greatest supporters.



Dr. F.M. Hill, 1976

Dr. F. Marguerite (Peggy) Hill, former chief of medicine and influential staff member, made a major impact during her 26 years at Women's College Hospital.

Dr. Hill contributed significantly to opening new frontiers for women's health and female physicians. She worked tirelessly to establish the culture of compassionate interdisciplinary, individualized care that defines our hospital today. Dr. Hill's accomplishments were honoured with an appointment to the Order of Canada for her efforts in teaching and patient care.

Dr. Hill was a leading physician and transformational donor and her influence lives on through various initiatives at Women's College Hospital. These include The F.M. Hill Chair in Academic Women's Medicine and the Annual Dr. F.M. Hill Lecture. Join us in celebrating her lasting legacy in this issue of Heart & Soul.

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Graduation, University of Toronto, 1941

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A Conversation with Sue Carruthers

This year, Women's College Hospital Foundation welcomed Sue Carruthers, FAHP, ICD.D as its new President and CEO. Sue was Executive Director of the Foundation from 1989 to 1995. She has rejoined our team with a wealth of experience in the not-for-profit world and an obvious love for Women's College Hospital.

What should our donors know about you?

I began my fundraising career in 1981 and have worked with four hospital foundations since that time. It's an absolute joy and privilege to have a career in the health-care and philanthropic sectors and to see so much change and innovation for the betterment of Canadians. Over the years I have worked with inspirational donors, outstanding volunteer leaders and extraordinary researchers and medical professionals. It's a privilege to work with great people doing great things for others - what more could I ask for!

What brought you back to the Women's College Hospital Foundation family?

In 1989 I joined Women's College Hospital Foundation at the tail end of the Special Delivery Campaign and was here to launch the Opening Windows Campaign that helped establish the Women's College Research Institute. It is no surprise that when I was presented with the opportunity to join the Foundation for a second time, I couldn't pass it up. I was moving back to Toronto and heading into retirement but I became excited by the chance to participate

in this campaign to build an entirely new facility for Women's College Hospital.

Many of the inspirational women and men who walked the halls of Women's College Hospital when I was here last are still around today. Dedicated volunteers, staff and leaders like Gail Regan, Carol Cowan, Jane Pepino, Darleen Bogart and Drs. Ruderman and Semple continue to support the hospital and its innovative new vision. This issue of Heart & Soul features an important physician who touched the hearts of Women's College Hospital's family and friends – the late Dr. F. Marguerite Hill. I knew, respected and admired Dr. Hill for many years. Turn the pages to read more about this extraordinary woman.

What are you looking forward to most in the coming year?

Of course I can't wait to meet face to face with our many committed donors and to attend the exciting signature events the Foundation is planning. I think I also share in everyone's excitement for the grand opening of the first tower of Women's College Hospital's new facility. How lucky I am to have arrived at this time – to be here when our iconic hospital turns another page in its remarkable history!

Association Offers Last Chance to Honour Those Born at WCH

With 16 years and 3,000 babies recognized, the Association of Volunteers baby recognition wall only begins to reveal just how many Ontarians were born at Women's College Hospital.

In 1996, the Association initiated 'A Star is Born', a program in which families could honour a baby born at WCH with a minimum donation of \$100. The child's name was inscribed on a star and mounted on a special mural in the Labour and Delivery department. Even with the departure of the Women and Babies program, the Association continues to offer stars for those born here before April 1, 2006.



Pat McGee

one last chance for families to honour WCH babies with a new opportunity that sees the stars 'shining' electronically.

"This last chance appeal is a great way for donors to put their name or the name of a loved one up in lights," says Pat McGee, an 18-year volunteer and former president of the Association of Volunteers. Pat honoured both of her daughters with stars after their birth at WCH and hopes others will do the same.

"Being born at Women's makes you part of the hospital's legacy," reflects Pat. To learn more about the program and how your gift

of \$100 can commemorate your part of hospital history, call the Association of Volunteers at 416-323-6180 or contact darleen.bogart@wchospital.ca.

With the upcoming completion of Women's College Hospital's new facility, the baby wall will be preserved in the hospital archives, alongside other memorabilia from the hospital's rich history. While mounted stars will no longer be displayed, the Association is offering



Excitement is Building! WCH Construction Reaches New Heights

If you have visited Women's College Hospital recently you likely found yourself looking up, way up. In the past few months, construction of the first phase of our new facility, the 10-storey tower, or clinical pavilion, has made significant progress. The top floor of the new hospital's concrete structure has been completed and major equipment has been hoisted into place. The final step in completing the shell of this structure will be celebrated with a 'topping off' ceremony this June as the last steel beam is put in place on level 10. It will be an exciting milestone for Women's College Hospital.

The clinical pavilion is set for completion in spring 2013 – a mere 46 weeks away. At that time, hospital operations will move into the tower, vacating the current building at 76 Grenville Street and making way for its demolition. The second phase of our redevelopment is scheduled to be completed in 2015 with the integration of clinics, research, education and physicians' offices currently located at 77 Grenville Street and 790 Bay Street.

Construction teams are hard at work building the iconic limestone structure and activity is visible at both street level and high above the ground. Work has also begun on the inside of the tower with piping and ductwork being installed for water, heating, ventilation and cooling systems.



Our new facility may not look like much now, but lead architect Susan Black is enthusiastic about the progress and design of our new building. When the two towers meet they will form a large 'L' shape – much like two outstretched arms, explains Black: "I came up with the idea of an L, which is like the opening of arms that holds within it a glass pavilion glazed in the strongest fuschia."

The hospital's iconic fuschia cube will be visible from College and Elizabeth Streets. The structure will provide a sense of openness and transparency, strength and certainty, letting patients and passersby alike know that they have arrived at the right place – a place for women.

Honouring a Legacy

WCH pioneer and donor Dr. F.M. Hill, can be credited with building our reputation for team-based, patient-centred care.



Captain Hill in her military uniform

It was clear very early in her life that Dr. Hill would make a lasting impression on any matter she touched. After completing a Masters in psychology, she spent five years as a captain in the Canadian Women's Army Corps during the Second World War. Dr. Hill studied medicine at the University of Toronto and became the first female Chief Resident at Toronto General Hospital. She then served as a staff physician at Women's College Hospital before her appointment as Physician-in-Chief of Medicine (1965-1984) and a full Professor in the Faculty of Medicine at the University of Toronto.

Dr. Hill made an immediate impact at Women's College Hospital, helping establish the reputation for compassionate and interdisciplinary care that sets Women's College Hospital apart today. Best known for her leadership and holistic views, Dr. Hill stressed the importance of paying attention to every patient and listening to their problems – above all, always treating them as individuals. In fact, during her practice at WCH, Dr. Hill was known for writing personal letters to all her patients explaining their test results and treatment recommendations.

"I am most proud of our reputation for good patient care and the positive relationships between doctors and other health professionals." – Dr. F.M. Hill

Dr. Hill's contributions to Women's College Hospital extend far beyond her patient-centred influence. Under her direction, the hospital established partnerships with other area hospitals and worked co-operatively with them to create innovative new programs. Two of the most notable include the Tri-Hospital Diabetic (TRIDEC) Unit and the Bay Centre for Birth Control.



Dr. Hill at the launch of the her Chair in Academic Women's Medicine

Building on a Lifetime of Support

Women's College Hospital recently hosted a special reception in honour of Dr. Hill, following the Annual F.M. Hill Lecture.

An archival display was presented showcasing pieces from Dr. Hill's personal collection, a magnificent donation to the Miss Margaret Robbins Archives of Women's College Hospital. Dr. Hill's artifacts provide an impressive look inside this influential leader's life's work. It includes extensive documents from her personal life, academic and military careers and professional achievements. A selection of these items will be on public display in the new Women's College Hospital facility.

With the clear intention to extend her influence beyond her own life, Dr. Hill included a generous bequest to Women's College Hospital Foundation as part of her legacy. As a member of the Spirit of Life Society during her lifetime, Dr. Hill committed to naming Women's College Hospital in her will.

She joins a special group of supporters who have extended their support to the hospital through her estate. As Women's College Hospital moves into the new building, and advances its commitment to women's health, we know the ideals Dr. Hill instilled in the organization will remain a constant link to our rich and storied past.

Women's College Hospital Foundation would like to thank all donors who have made gifts in honour of Dr. Hill. Your generosity will continue to support the impressive lifetime achievements of her pioneering career.

Overwhelming Public Support

Prior to her passing, and typical of her kind and compassionate character, Dr. Hill made the unique gesture of contributing \$50,000 for a special match campaign for Women's College Hospital Foundation. The match was her way of providing an incentive to new and lapsed donors to Women's College Hospital. Always instrumental in support of WCH, Dr. Hill was in the midst of helping with this special appeal when she passed away.

This special match campaign offered donors the opportunity to double their gift in honour of Dr. Hill's impact and influence. Thanks to her gift, our first-ever match campaign received an overwhelmingly positive response and surpassed expectations - an amazing tribute to a physician who touched so many lives during her lifetime. Thanks to our generous donors, Dr. Hill's gift will result in \$100,000 to Women's College Hospital.

For more information on how you can support Women's College Hospital through estate planning please contact Ingrid Graham at 416-813-4741 or ingrid.graham@wchospital.ca

A Leader and Role Model in Women's Health

Dr. Hill was a tireless educator and believer in mentorship and collaboration. Women's College Hospital's department of medicine flourished as a teaching unit for the University of Toronto under her leadership.

The late Dr. Ricky Kanee Schachter, fellow WCH pioneer and founder of the hospital's first formal dermatology program, once reflected that Dr. Hill was not only a great listener, she also encouraged young women in the field of medicine. She aided them in any way she could, assisting with project research, funding and support.

Dr. Hill's presence was felt by all who came in contact with her, be they medical student or senior staff member. Dr. Hill's lasting impression on her patients and colleagues at Women's College Hospital was so profound that, upon her retirement, they created the F.M. Hill Trust to fund The F.M. Hill Chair in Academic Women's Medicine. This Chair was to be held by the Physician-in-Chief at Women's College Hospital. It was hoped that the fund would inspire and encourage members

"I am very honoured to carry out her aspirations of good patient care and positive relationships between patients, doctors and other health professionals."

— Dr. Gillian Hawker, Physician-in-Chief, Department of Medicine and current F.M. Hill Chair

of the medical staff, particularly women, to develop their careers in the department of medicine at Women's College Hospital.

The group raised over \$1 million in honour of Dr. Hill, who also made personal donations to the fund for several decades.

In following Dr. Hill's drive to instill a modern approach to patient care, it is no surprise that The F.M. Hill Chair takes a much different approach than most. With a broad focus to promote academic and educational activities in women's health, the Chair offers support and mentorship to health-care staff, particularly women, in developing and managing their medical careers.

Dr. Gillian Hawker, who currently holds The F.M. Hill Chair, had a particularly close connection to the physician: "Dr. Hill's passion for outstanding patient care underpinned every decision she ever made. I am very honoured to carry out her aspirations of good patient care and positive relationships between patients, doctors and other health professionals."

Upcoming Events



Scotiabank Toronto Waterfront Marathon:

Get a running start with WCH

Run, walk or wheel on Sunday, October 14, 2012 for Women's College Hospital in the Scotiabank Toronto Waterfront Marathon. For more information on how to participate, visit www.torontowaterfrontmarathon.ca.

Past Events



Women for Women's Event

Women for Women's: Nearly 800 women gathered to support women's health

The Women for Women's inaugural luncheon took place on Friday, October 28, 2011 at The Sheraton Centre with host Jeanne Beker of FashionTelevision and a musical performance by Serena Ryder. With a goal of raising \$1 million over the next five years, the annual Women for Women's luncheon is well on its way, having raised over \$225,000 in 2011.

The next Women for Women's annual luncheon will be held on Tuesday, October 30, 2012 at The Fairmont Royal York Hotel. More details will be available shortly, so keep checking www.wchf.ca.



Tree of Life: WCHF receives overwhelming support from Shoppers Drug Mart

Last December, Shoppers Drug Mart presented Women's College Hospital Foundation with a cheque for \$45,507 from its Tree of Life campaign, the largest amount ever raised during our three-year relationship! Women's College Hospital Foundation would like to extend a warm thank-you to the 20 Shoppers Drug Mart locations that rallied together in support of women's health.



Grape to Glass co-chairs: Sondi Lindros and Chris Thompson

Grape to Glass: Toasting another sold out event

On February 23, 2012 more than 500 wine enthusiasts and collectors gathered at the Fermenting Cellar for Women's College Hospital Foundation's third annual Grape to Glass event, raising over \$100,000. WCHF specially thanks our Grape to Glass Presenting Sponsor Scotiabank Group, and additional sponsors Interac, Secure Key, Barrick Gold Corporation, Brompton Funds, Davis+Henderson, One Financial, The Fifth and Tors LLP. Photos of the event can be viewed at www.grapetoglass.ca.

Your Dollars, Working for YOU

Thanks to you, Women's College Hospital continues to advance the health of women and improve health-care options for all. Below are just a few of the programs assisted with your support. On behalf of the patients, volunteers and staff at Women's College Hospital and Foundation, **thank you for your generosity.**

Building a New Facility We Can All Enjoy

We are very proud to have recently contributed \$11 million to the construction of Women's College Hospital's new facility.

Our hospital is and will be so much more than four walls and a roof. With accessible, adaptable and integrated patient care areas, we will have what it takes to transform women's health care in a way that functions better, faster and more cost-effectively. Thanks to these funds, we are creating space where our patients want to be, not where they have to be.



Providing Family Practice Patients with Room to Move

As part of the redevelopment of Women's College Hospital, Burton Hall was closed and sold in December 2011. The Family Practice department, Foot Clinic and Blood Lab have moved into their new location at 77 Grenville Street, a beautiful and efficiently designed space. Thanks to your support, \$323,000 was used to purchase new equipment for this space, improving our facilities to better serve our patients.

"The new Family Practice space is just beautiful! As a patient, I've always been so happy with the unparalleled kindness, compassion and expertise I receive at Women's College Hospital. Now we have a bigger, more vibrant space that reflects the kind of care we all come to expect."

— Binnie Hyman



Changing Lives with Important Women's Research

This year, we were able to make an exciting contribution to the work of Women's College Research Institute's renowned Dr. Steven Narod – a gene sequencing machine. Dr. Narod's research offers women screening for the BRCA1/BRCA2 breast cancer genes, giving them the opportunity to prevent cancer before it occurs.

The gene sequencing machine is specialized equipment that prepares and sequences the DNA samples required to conduct Dr. Narod's research. This equipment provides faster results and will support at least five new research projects, one of which could involve 10,000 participants from across Ontario.

"This research changed my life so I could be there for my family. I feel like I've dodged a bullet."

— Nara Abrams



"There isn't another hospital we would consider supporting"



Pat and Ian Fraser

It's a statement that Pat and Ian Fraser make with conviction. The Toronto couple, who have been married almost 57 years, have a long history with Women's College Hospital. Pat has been volunteering for an impressive 42 years, and now sets her post at the Information Desk on Fridays. All four of the Frasers' daughters and two of their nine grandchildren were born at Women's College Hospital. Adding a recent great-granddaughter to the mix, women's health is clearly an important issue for them.

"Women's health is a significant part of our

day-to-day lives" says Ian. "Our daughters and even their children may not be future patients of Women's College Hospital but they will certainly benefit from the work being done here."

It's one of the reasons Pat and Ian chose to make a gift to Women's College Hospital – in honour of their four daughters, four granddaughters and their new great-granddaughter.

Pat and Ian made a significant donation to *The Campaign for Women's College Hospital* – a \$50,000 gift using securities they held in their portfolio. It's an easy, tax-efficient way to support Women's College Hospital, because donors can avoid paying tax on capital gains.

Making a donation with a gift of securities wasn't the only easy decision for the Frasers. Giving to Women's College Hospital just came naturally to them. "We receive such good care and attention here," says Pat, who is a patient of Dr. Len Sternberg, Director of Cardiology. "And there is a personal touch to your care," adds Ian. "I've always been so impressed by such a comfortable and caring atmosphere."

When asked why others should consider giving to Women's College Hospital, both Pat and Ian note the Hospital's impressive history and vision to tackle some of Canada's most pressing health-care issues. "There isn't another hospital in this city we would consider supporting. Women's is the fit for us," they reflect.

As the couple ages and estate planning matters become more immediate, they believe the focus of their gifts should be on initiatives that have a lasting value to the community – and Women's College Hospital fits the bill. "You're not just building something and plugging in doctors and programs. Women's College Hospital is creating a modern facility designed around innovative new services, staff and most important, patients. It's a legacy and vision that will endure."

Thank you for your support!

Women's College Hospital Foundation is a member of Imagine Canada's Ethical Code Program. The Ethical Fundraising and Financial Accountability Code can be read at www.imaginecanada.ca



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